

SAMPLE RESUME

Address • Phone Number • Email Address

Focus of Interest: **REGISTERED NURSE**

Competent, dedicated, compassionate healthcare professional equipped with strong qualifications honed over extensive experience in diverse areas encompassing patient care, staff development and family advocacy. Possess progressive experience in completing nursing processes including diagnosis, planning, implementation, evaluation, and documentation of patient care services. Exhibit sincere compassion and interest in people's health and well-being; adept at assisting with tests and evaluations and performing routine nursing procedures. Effectively utilize exceptional planning, prioritizing, and goal-setting skills in properly assessing patient conditions. Excellent therapeutic communication skills, coupled with ability to establish effective relationships with patients, family members, physicians, and other medical professionals.

AREAS OF EXPERTISE

Telemetry and Phlebotomy
Progressive / Step down
Orthopedic and Med / Surg

Intravenous Therapy
Cardiac Monitoring
AV Fistulas

NG/Sump, PEG, Gtubes
Care Plan Administration
Patient / Family education

PROFESSIONAL EXPERIENCE

Health Management Corporation • Denver, CO

NURSE CARE MANAGER

SEP 2007-DEC 2008

- Assumed various responsibilities related to care management for members with complex and chronic care needs
- Performed methodical and objective evaluation of members' current status including physical, psychosocial, environmental, vocational, as well as financial and health status
- Determined individual needs and developed personalized care management plan to address identified objectives and goals
- Utilized appropriate interventions and referrals through effective communication with the member, physicians, and other providers
- Served as member advocate in working to coordinate resources

Littleton Adventist Hospital • Littleton, CO

PROGRESSIVE CARE UNIT

FEB-MAY 2007

- Provided primary care to complex medical, neurological, surgical, trauma, and cardiac patients
- Performed numerous tasks involving constant cardiac monitoring including Aline and CVP, medication monitoring, titration, and ventriculostomy
- Worked collaboratively with physicians, intensivist physician, surgeons, neurologists, ancillary support staff, and families

Swedish Medical Center • Englewood, CO

PROGRESSIVE CARE TELEMETRY UNIT

AUG 2005-MAR 2007

- Rendered primary care of the complex cardiac, neurotrauma patient including 12-lead EKG and phlebotomy
- Acquired comprehensive experience with focus on open heart, cardiac cath, and chest pain patients while assuring the best possible outcome
- Maintained effective working relationships with colleagues, physicians, surgeons, families
- Educated patients and families on disease process and management, medications, pre / post cardiac interventions including open heart surgery, and discharges
- Functioned as preceptor providing support and guidance to nursing students in clinical rotations

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Denver Health Medical Center • Denver, CO • 2002- 2005**ICU STEP DOWN UNIT****OCT 2003-JUNE 2005**

- Provided efficient performance in rendering primary care for critically ill surgical, medical, neurological, orthopedic, trauma, post-cardiac catheterization, and ENT patients
- Oversaw functional areas including cardiac, CVP, A-line, ventriculostomy, epidural anesthesia, conscious sedation and medication titration

ORTHOPEDIC / NEURO / TRAUMA**JAN 2002-OCT 2003**

- Worked effectively and provided care for stable orthopedic, neurological, trauma, and medicine overflow patients
- Effectively functioned as relief charge nurse and preceptor for new employees as well for nursing students and graduates

Parkview Care Center • Denver, CO**CHARGE NURSE RN****SEPT 2001-JAN 2002**

- Applied strong leadership skills in managing staff and accomplishing assignments; provided resident care involving physical and emotional needs including family interactions and care conferences
- Organized physician contacts, orders, rounds; managed assessments and documentation needed for nursing records, Minimum Data Sheet (MDS), care plans, admissions, and discharges

Bethany Healthplex • Lakewood, CO • 1994-2001**MEDICAL CASE MANAGER****MAR 1999-AUG 2001**

- Directed Medicare and PPS program consistent with the Medicare practice while ensuring compliance with state / federal regulations
- Facilitated training with staff, in-services, and audits to assure compliance with Medicare guidelines
- Coordinated patient care with nursing and skilled rehabilitation services; completed patient Minimum Data Sheet (MDS) assessments and care plans
- Proactively involved in care conferences, pre-admission assessments, admission, and discharge planning

EARLIER EXPERIENCE

Bethany Healthplex • Lakewood, CO**UNIT MANAGER SECURE ALZHEIMER UNIT****NOV 1996-MAR 1999****UNIT MANAGER INTERMEDIATE CARE UNIT-RN****JUL 1994-JUL 1996****FACILITY SUPERVISOR / CHARGE NURSE SKILLED UNIT-RN****APR-JUL 1994****Cherry Hills Health Care Center • Street Englewood, CO****IV CERTIFIED LPN, MEDICARE REHABILITATION / SUB-ACUTE SKILLED UNIT****AUG 1992-APR 1994****Memorial Hospital • Colorado Springs, CO****IV CERTIFIED LPN, SURGICAL / TRAUMA FLOOR****NOV 1989-JUN 1992****Sacred Heart Home • Pittsburgh, NY****CHARGE NURSE LPN****DEC 1988-APR 1989**

CREDENTIALS

ASSOCIATE OF SCIENCE IN NURSING • University of the State of New York, Regents College • Albany, NY • 1993

LICENSED PRACTICAL NURSE • Board of Continuing Education Services • 1988

Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS)